

RECOMMENDATIONS GUIDE

LIVING CADIZ

EXPLORE "LA COSTA DE LA LUZ GADITANA"

¡WELCOME TO THE COAST OF CADIZ !

This small guide has been prepared to show you the main tourist attractions and most charming places around. Providing a brief introduction of the surrounding villages, the most picturesque beaches to visit and of course, our gastronomic recommendations according to the area you are visiting.

We hope they will serve you as a reference for your holidays and above all that you enjoy the charm of each place.

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LIVING
CADIZ

MORE THAN HOLIDAYS



1. CONIL DE LA FRONTERA

Conil is one emblematic village of the coast of Cadiz, with the greatest tourist attraction. It is one of the most beautiful and the most vibrant of the province of Cádiz.

Agricultural and fishing village, with a strong pottery influence. Distinguished by its beautiful beaches, cliffs and pine forests, as well as for its outgoing character of its people and its rich varied gastronomy.



In addition, it has a great cultural richness. We encourage you to take a walk through the town, go along the popular fishermen's quarter and also pass by the Torre de Guzman, the church of Santa Catalina and the the popular "Arco de la Villa".

Between April and December three very interesting gastronomic events are celebrated: the "Jornadas de la Huerta de Conil", the "Ruta del Atún" and the "Ruta de Retinto".



CONIL BEACHES

14 kilometers of fine sand, coves and crystal clear waters. The beauty of the natural environment places Conil as one of the best destinations to enjoy the sea and nature. If you want to enjoy wide and long beaches for nice walks, we recommend the following beaches:



PLAYA DE CASTILNOVO:

the wildest and most virgin.



PLAYA DE LOS BATELES:

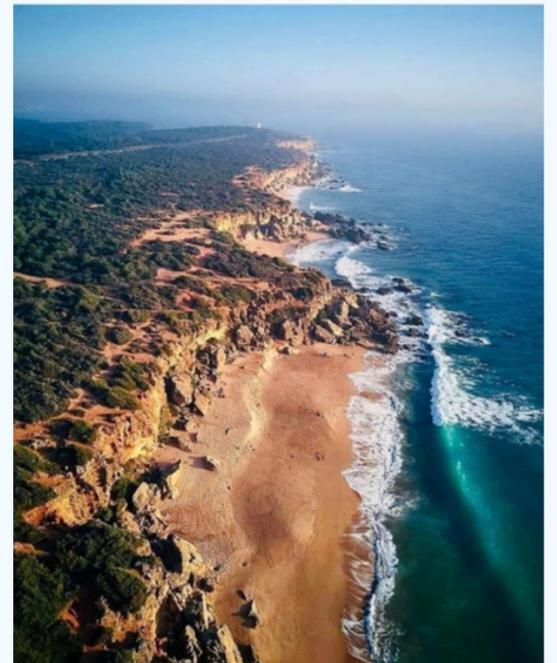
the most urban and fully serviced.

PLAYA DE LA FONTANILLA:

the most accessible and with services.

CALAS DE ROCHE

Calas de Roche are located between the port of Conil and the urbanization Roche, they are a set of beautiful rocky coves under high cliffs. Not all of them are easy to access, but the quality of the environment is really worth it. It is the best option for a day at the beach with a strong easterly wind.



CALA DEL ACEITE

It is a beautiful sandy cove with crystal clear waters, in an idyllic natural setting of reddish cliffs and pine trees. Services available.

PLAYA FUENTE DEL GALLO

This beach is the most beautiful for a walk at sunset time when the tide is low. It is located just after The playa of Fontanilla next to some beautiful cliffs. Be careful when you go, if the tide is high there is little space at the sand to lay down or to go for a walk.



WHERE TO EAT

CLASSIC ONES

LA FONTANILLA (FRANCISCO): specialized in fish and seafood. Fresh and local products. One of the most typical dishes is the Urta a la Roteña.

EL MIRADOR DEL ROQUEO: traditional cuisine and quality products. The rice dishes are very tasty. Don't miss the "croquetas de carabineros"!!

OUR FAVORITE

MALABATA: traditional cuisine with innovative touches that will delight your palate. Whatever you order, will be good and it is accompanied by an excellent service. In summer you may only book until 9:30 p.m., if you go later there is a waiting list, although it will be worth it!



**Our favorite dish is Faceras de atún.*

SOMETHING DIFFERENT

PALO SANTO: specializing in tacos and Mexican cuisine. Its Mexican-Andalusian fusion that will surprise you, a journey of gastronomic flavors.

CARRILEANDO

PIZZERÍA EL CASERÍO: specializing in meats and pizzas. Also, very good fresh and local salads.

EL NÁUTICO DE CONIL: located next to the fishing port of Conil, it is a restaurant with local cuisine, simple and quality, in a pleasant and distinguished environment.

NEW

CENTRAL KANAIA: well decorated and located next to the "Arco de la Villa", it offers an original cuisine full of flavors from different cultures.

FEET ON THE SAND

FEDUCHY PLAYA: the perfect choice. Located on the playa de La Fontanilla.

FOR TAPAS

Venta Pericón
El tascón de la pasajera
La mejorana

ONLY LOCALS

Txarkutaska
La despensa del cabeza
Curro Jimenez



VEJER DE LA FRONTERA



2. VEJER DE LA FRONTERA

Considered one of the most beautiful villages in Spain, Vejer de la Frontera is located on the top of a hill, surrounded by white houses.

It has a great historical culture and preserves its Arab essence, especially in its architecture of narrow streets and whitewashed houses.



After the walk, it comes the feast...

EL JARDIN DEL CALIFA:

Hotel-restaurant located in a house of the XVI century. Inspired by the Arab culture and Arabian cuisine, simply fabulous.

CASA VARO:

Located in one of the most beautiful streets of the city center, next to the church of Divino Salvador. Casa Varo mixes traditional cuisine with modern touches.

IL MACININO:

Italian restaurant, in an idyllic setting location, inside an old mill with views to the west coast.

CARAGATO:

Very peculiar grocery store with flamenco music in the background. Only locals!!



At least, this village deserves a long walk to discover all its nooks and crannies. Starting from the Plaza España, after the church of Divino Salvador and then the symbolic Arco de las Monjas. In addition, it is possible to visit the castle of Vejer and the Casa Palacio del Marqués de Tamarón among others, since it has a great historical heritage.



3. EL PALMAR

This beach is located very close to Conil, however it is the only one that belongs to Vejer de la Frontera council.

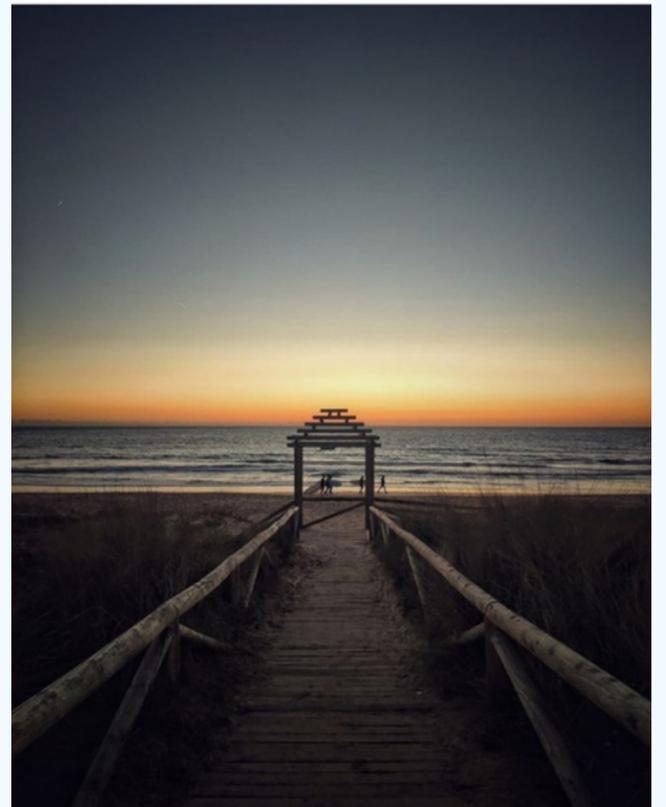
It is located in one of the most virgin areas of the Cadiz coast, and it is barely urbanised.



It has all the services, in fact, it has been awarded with the Q for Tourist Quality granted by the Spanish Institute for Tourist Quality, certifying the provision of the services and respect for the environmental values in its 8km of fine golden sandy beach.

Backed by dune fields with vegetation, whitewater and seabeds sand that generate ideal conditions for the surfing practice. During the summer time is when the tides are more smooth, so that's encourages many of its visitors to start practicing this sport.

In this way, there are all facilities at Playa del Palmar because you will find a multitude of establishments where you can rent boards and surf equipment, as well as surf schools that offer courses designed for all ages.



The ideal time to visit is in the off-season as it has grown in popularity in recent years and is very busy in the summer months.





A SUNSET AT EL PALMAR

If you are a sunset lover, the magical sunsets at El Palmar beach are a real spectacle. During the summer, when the sun goes down, many of the beach bars offer live music and concerts. In most of them you can enjoy live music, the most popular being El Dorado and El Gran Babá. Another option, is El Arenal with live music and flamenco.



WHERE TO EAT



RESTAURANTE ALFEREZ

With sea views, a glass of fine white wine and a seafood rice. Unbeatable..



RESTAURANTE CASA JUAN

Perfect place, good rice dishes on previous request. Our favourite is "Morillo de atún". Cooked with the best raw materials and 'Producto Km0'.



MASALA COMIDA ETNIKA

If you fancy something different from the usual offerings, try this restaurant specialising in Indian and Thai food.



A-FRAME OASIS

Kitchen open all day, healthy and wholesome food. The brunch breakfasts and cakes are highly recommended.

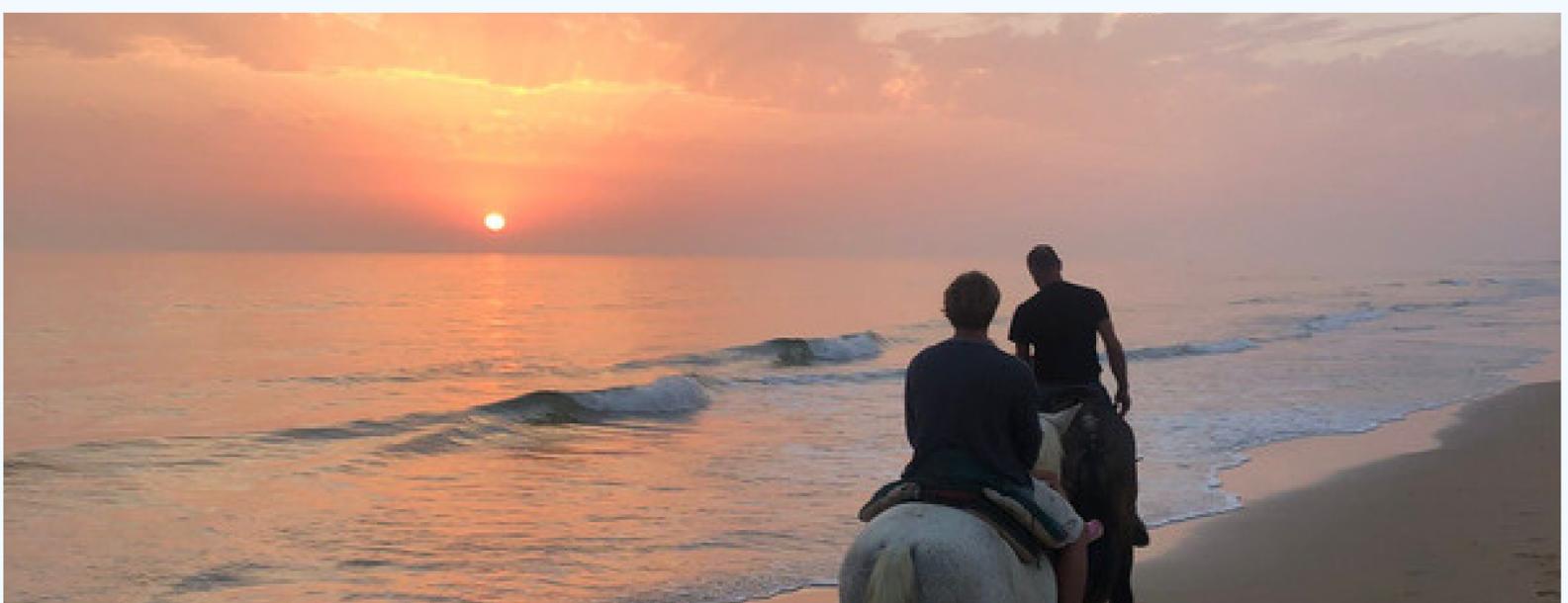


4. ZAHORA BEACH

Zahora beach is one of the most beautiful beaches in the province of Cadiz, a place to disconnect, enjoy the sea and contemplate spectacular sunsets. It is located between two famous coastal towns, Los Caños de Meca and El Palmar. The southern area remains natural and wild, with a large dune system in the area around the Trafalgar lighthouse. The northern part of the beach is the most urbanised, with services and several beach bars.



An essential plan if you are in the area is to contemplate the sunset and its magical colours, either lying on the sand or having a drink in one of the beach bars on the beach. Thanks to its westerly orientation, some say that on clear days and with a lot of luck, you can see the mythical green ray.



Another great way to enjoy this beach is to ride along it on horseback and watch the sunset. This activity can be booked directly with us.

Where to eat

🍴 [Venta Curro](#) 🍴 [Pizzería La Cabaña](#)



5. CAÑOS DE MECA

Los Caños de Meca is one of the most evocative destinations on the south coast. It was once a lost haven for hippies that today it is adapting to the tourism trying not to lose its free spirit and its attraction of wild nature.

Despite the small size of the nucleus, the beaches are of a great variety and beauty. There for all likes: sandy, rocky, with waves, quiet, nudists and family.



BEACHES

If you are looking for a wild beach, the best option is the area of Faro de Trafalgar. Please pay attention, when bathing, all precautions must be taken as the sea currents and the waves use to be very strong. From the lighthouse starts an endless beach that continues beyond Zahora, it faces west so you can enjoy a beautiful sunset directly over the sea.

Those looking for more family-friendly beaches with calm waters can go for playa de Marisucia or the more crowded playa del Pirata. They are sheltered from currents and have mainly sandy bottoms, although there are areas with rocks.

Marisucia is a pretty little beach next to the faro of Trafalgar. Its orientation allows a good view of the whole of Los Caños, Zahara de los Atunes and Africa. This beach is more suitable for days with a westerly wind, as its waters have practically no waves and are at their most transparent state. With an easterly wind, a strong swell forms and the shores receive numerous seaweed remains, which may be the reason for the name Marisucia. You will also see a large influx of kitesurfers, as the bay is very suitable for kitesurfing in these windy conditions.

As a curious fact, it is worth mentioning that around the dunes area of this beach, a fascinating archaeological excavation is taking place, in which Roman fishing production facilities have been found.



BEACHES

Pirata beach can be called to be the main beach of Los Caños de Meca, because of its atmosphere, beach bars and being located in the village, it has services of security and sanitary and toilets. The name of the Caños comes from some pipes/jets of fresh water that for naturally emanated from the ravines that separate the beach from the road. The beach culminates in a beautiful point formed by the action of rocky reefs, which are visible at low tide.



Castillejos are a few small coves between the Pirata beach and the nudist beach, with a wild character and a unique and relaxed atmosphere. To take a stroll along these beaches, you should wait until the tide is down at all, we suggest a trip to the Chorros or Cortinas de los Caños de Meca. We also offer, if the conditions are suitable, a SUP paddle excursion of approximately 3 hours. Highly recommended. They are quiet beaches with crystal clear waters, good for shelter from the east, although they vary in size depending on the volume of sand to the point of disappearing at high tide.

WHERE TO EAT



RESTAURANTS

La Breña

La Quilla

La Pequeña Lulu Bistro

Shaha



BREAKFASTS & BRUNCH

Canalla

The singular Coffee



LEVANTE MARKET

It consist on a space with different gastronomic proposals, where every Saturday there is also a local vegetable market and stalls with different handicrafts. Some weekends, they do live music on evening time.



6. ZAHARA DE LOS ATUNES

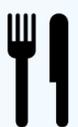
A beautiful fishing village, located between Barbate and Tarifa, with a population of just 1,200 people and a great historical heritage. The town centre preserves part of the history of the village in the Palace of Jadraza (of Cultural Interest), whose walls adjoin the Church of Nuestra Señora del Carmen. Around the fortification, you can find some street markets and many restaurants where you can enjoy the star dish of the area, the wild red tuna of almadraba. Tuna has been the main livelihood of the town and the almadraba fishing system is more than a thousand years old and has been gaining popularity in recent years.



Zahara de los Atunes and its crystal clear waters is one of the best valued beaches in Spain and even in Europe. In addition, it has been awarded the blue flag, so the cleanliness of its waters and sand is practically guaranteed.

Its beaches are the followings: playa de Zahara de los Atunes, playa de los Alemanes, playa de Atlanterra and playa Arroyo del Cañuelo. Almost all of them are practically virgin, extensive, with fine white sand. The first is the best known, with 4.5 km, it has all the services, as well as the most popular beach bars.

The long and wide coastline of Zahara invites you to take long walks along the sandy beaches of Zahara and Atlanterra, to reach the military bunker of Cabo de la Plata, behind which begins the famous Playa de los Alemanes. And although the same is said of (almost) all the beaches in the south of Cádiz, the sunsets in Zahara really are as spectacular as they are painted.



Zahara de los Atunes has an important culinary variety based on red almadraba tuna and retinto meat.



LA BREÑA NATURAL PARK

This natural park of cliffs and pine forest located in Barbate is the real natural treasure of the area. It is an artificial forest as it was created thanks to a reforestation carried out at the end of the 19th century. Its extension also includes a maritime strip of great natural and scenic value and cliffs that reach a height of 100 metres and are home to a large representation of Mediterranean birdlife.

To the west of the park, we recommend to visit the Torre de Meca, located at the top of the mountain of the same name, which reaches a height of 170 m. It can be reached by following the old road to Barbate.

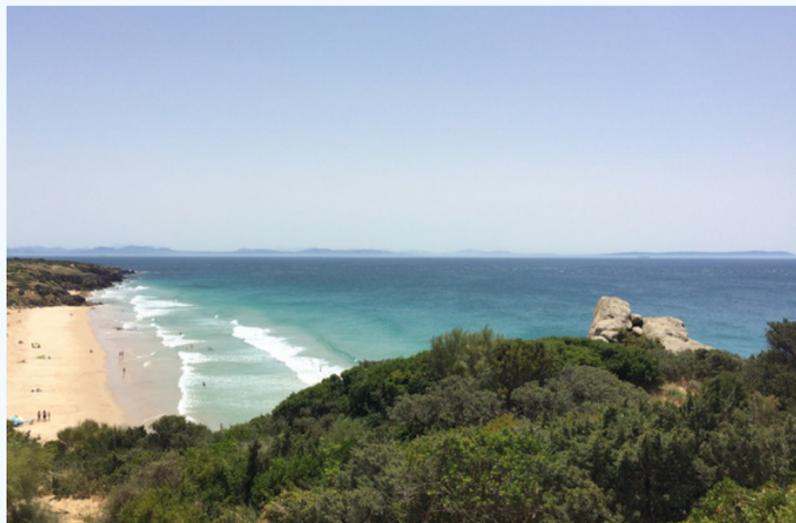
Another interesting option is the Tajo tower, a hiking route where you can observe the immensity of the sea, the reefs under the cliffs, the coast of Barbate and Zahara, and, on clear days, it is possible to see the coast of North Africa, from Tangier to Yebel Musa.



CAÑUELO BEACH

Cañuelo beach is hidden among pine trees. Its access, only possible on foot, protects it from mass tourism. From the Camarinal lighthouse, the views are prodigious.

To the west, the Germans' beach stretches but if we look a little further on and we go a few metres along one of the small paths that start next to this old 16th century watchtower, you will discover this little paradise hidden between the capes of Gracia and Camarinal, called La playa del Cañuelo. If you are going to spend the day, remember to bring everything you need, as there are no services.

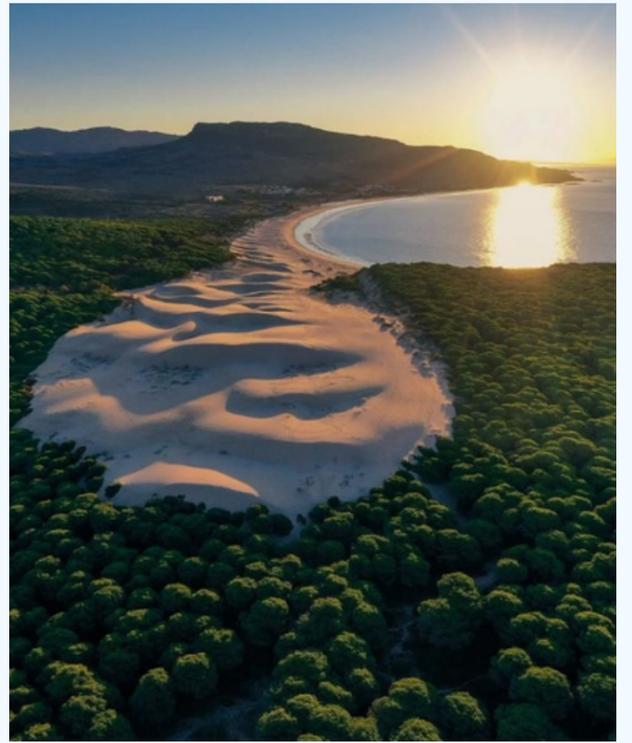


7. FOR NATURE LOVERS

BOLONIA

Bolonia beach is practically a wild beach located in the municipality of Tarifa. It is the continuation to the south of Zahara de los Atunes and Atlanterra. Bolonia is more than just a beach, it is a natural natural environment with fine white sand and crystalline waters. The beach is about 4 kilometres long and about 70 metres wide.

Another interesting attraction of Bolonia beach is its archaeological wealth. Baelo Claudia is an urban complex from the Roman period that every year receives more than 100,000 visitors. This archaeological site reveals a Roman city, founded in the 2nd century B.C., next to the inlet of Bolonia. In summer, it also hosts live classical theatre in the open air, with the sea as a backdrop.



SANTA LUCÍA

This is one of the districts of Vejer de la Frontera best known for its beautiful natural area. Located about 4 kilometres from the town centre of Vejer, it has been declared a natural monument due to the richness of its landscape. An ideal place for sports such as hiking and cycling.

Its hallmark, in addition to its beautiful nature, is undoubtedly the Roman aqueduct built as a water conduction system. The main purpose of the aqueduct was to regulate and supply water to all the neighbours and orchards along the stream. Another wealth of the place is the water that reaches Santa Lucía. Its waterfalls invite us to relax and enjoy the surroundings. Water reaches the area from the spring of La Muela in a natural way, mainly in winter, through the unevenness of the land and by means of the aqueducts that helped the five mills to operate. In the area of the aqueduct there are five 15th century water mills built to grind wheat and produce flour which was sold to other parts of the Janda region, making it one of the main economic activities in the region at that time.



TIP: stop in Venta el Toro and try " Huevos fritos con patatas" one of the most popular dishes in this great restaurant.



8. OTHER INTERESTING PLANS

- ✓ Go shopping to the Barbate food market. Fresh and top quality products, in a local and original atmosphere. If you can, stop on your way to have breakfast at the Venta Pinto.



- ✓ Fundación Montenmedio Contemporánea is a open-air museum space unique in Spain where a dialogue is established between contemporary art and nature in perfect harmony. A cultural reference in the south of Europe not only for its collection, but also for its educational and cultural programming.

- ✓ Visit Tarifa and live the experience of sailing with families of dolphins and huge whales of 25 metres in length.



- ✓ Visit Cadiz city, don't miss a walk through the seafront and the Cathedral, Caleta beach or the beautiful quarter of La Viña. La Taberna casa manteca is an obligatory stop with its fine wines and its popular "papelones de chicharrones" (pork rinds).



- ✓ Paddle SUP route through the curtains of the caños de Meca. Paddle along the cliffs of the natural park of La Breña, discovering its caves, islets and the famous curtains of Los Caños de Meca.

